**Emotional Development**

* Emotional Development: Refining \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| ***Age Group*** | ***Emotional Development*** |
| Infants |  |
| Toddlers | *Egocentric:* |
| Preschoolers |  |

* Striving for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: As \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ increases, self-confidence is boosted
  + Caregivers should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Self-Image:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Gender Identity
  + Self-Esteem
  + Caregivers should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ self-image and self-esteem

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| *Children with* ***high*** *self esteem:* | *Children with* ***low*** *self-esteem:* |
| * Act independently * Assume responsibility * Take pride in their abilities * Deal with their emotions * Willingly accept new challenges * Handle problems efficiently | * Feel unloved and unwanted * Blame others for their own mistakes * Avoid taking on new challenges or tasks * Put themselves down * Discredit their own abilities * Are easily influenced or manipulated by others |

* Encourage \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* How should a caregiver handle difficult emotions?
* Examples of Difficult Emotions:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Stress:
* Examples of Emotional Problems:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_